

Brought to you by:

alzheimer's  association™

the compassion to care, the leadership to conquer

The Alzheimer's Association provides supportive programs and services to help people with Alzheimer's Disease and other forms of Dementia and their caregivers deal with the disease and its impact on their lives. Each chapter in our nationwide network offers the five core services. In addition, some chapters offer special programs such as assistance to individuals with Alzheimer's who live alone, people living with early-onset Alzheimer's, rural and/or multicultural outreach, care coordination services, and training programs for families and professionals. 916.930.9080 www.alz.org/norcal



Del Oro Caregiver Resource Center is a private, non-profit agency dedicated to serving families and people who are providing care for brain impaired adults and the frail elderly. 916.971.0893 www.deloro.org

Respite Available

For Caregiver Respite, please contact:
Del Oro Caregiver Resource Center at
916-971-0893. Limited resources, call early.



The Lewy Body Dementia Association (LBDA) is a 501(c)(3) nonprofit organization dedicated to raising awareness of

the Lewy body dementias (LBD), supporting patients, their families and caregivers, and promoting scientific advances. The Association's purposes are charitable, educational, and scientific. **Our Mission is:** *Through outreach, education and research, we support those affected by Lewy body dementias.* And our **Vision is:** *We envision a cure for Lewy body dementias and quality support for those still living with the disease.* 800.539.9767 www.lewybodydementia.org

Parkinson Association
Northern California
Until there's a cure...hope and healing everyday.

The Parkinson Association of Northern California is dedicated to helping people and families who are affected by Parkinson's disease and related conditions. 916.489.0226 or 1.866.979.PANC www.parkinsonsacramento.org

What is Lewy Body Dementia?

LBD is not a rare disease. It affects an estimated 1.3 million individuals and their families in the United States. Because LBD symptoms can closely resemble other more commonly known diseases like Alzheimer's and Parkinson's, it is currently widely underdiagnosed. Many doctors or other medical professionals still are not familiar with LBD.

LBD is an umbrella term for two related diagnoses. LBD refers to both Parkinson's disease dementia and dementia with Lewy bodies. The earliest symptoms of these two diseases differ, but reflect the same underlying biological changes in the brain. Over time, people with both diagnoses will develop very similar cognitive, physical, sleep, and behavioral symptoms.

While it may take more than a year or two for enough symptoms to develop for a doctor to diagnose LBD, it is critical to pursue a formal diagnosis. Early diagnosis allows for important early treatment that may extend quality of life and independence.

LBD is a multisystem disease and typically requires a comprehensive treatment approach. This approach involves a team of physicians from different specialties who collaborate to provide optimum treatment of each symptom without worsening other LBD symptoms. Many people with LBD enjoy significant improvement of their symptoms with a comprehensive approach to treatment, and some can have remarkably little change from year to year.

Some people with LBD are extremely sensitive or may react negatively to certain medications used to treat Alzheimer's or Parkinson's in addition to certain over-the-counter medications.

CEUs

Three (3) Continuing Education Units are available for each of the following professions:

Nurses	Provider #CEP 12415
CNA/HHA	Nursing Assistant Provider #06329
LCSW/LMFT	Approval #PCE 1121
RCFE Administrators	Application pending
Nursing Home Administrators	Application pending

UNDERSTANDING DEMENTIA & LEWY BODY DEMENTIA

Presentations by
**Dementia
Experts**

Meet with

**Local Organizations
Serving the
Lewy Body
Community**

**Saturday, April 10, 2010
9 a.m. - 12:30 p.m.
8:30 Registration**

FREE!

**Doubletree Hotel
2001 Point West Way
Sacramento, CA 95815**

Speakers

Melanie M. Brandabur M.D., MDS

Clinical Director



Melanie Brandabur, M.D. received her BA degree from the *University of Illinois* in Urbana and her MD degree from *Rush Medical College* in Chicago. She completed her neurology residency at *Rush-Presbyterian-St. Luke's Medical Center* in Chicago.

While there, she completed a Fellowship in Movement Disorders and Pharmacology and post-doctoral basic sciences Fellowship in Neurodegenerative Diseases to examine changes in nitric oxide synthase in the brains of patients with Parkinson's and Alzheimer's diseases. She served as the medical director of the *National Parkinson Foundation Center of Excellence Movement Disorders Center*, first at the *University of Illinois* and then at *Alexian Neurosciences Institute*.

In July of 2006, she joined the faculty at *The Parkinson's Institute* in Sunnyvale, California as the director of the outpatient clinic for Parkinson's disease and other movement disorders. Dr Brandabur's interests include multidisciplinary care, patient education, underserved populations and caregiver support. She lectures frequently on these and other aspects of PD including complementary therapies, cognitive issues and non-motor symptoms.

Dr. Brandabur has over 16 years of experience caring for patients with PD and related disorders. Her philosophy of patient care arises from her strong beliefs in patient education and a multi-disciplinary approach to PD treatment.

Speakers

Teresa Tempkin RNC, MSN, ANP

*Nurse Practitioner
Movement Disorder Clinics
Department of Neurology
University of California,
Davis Medical Center*



Ms. Tempkin is an Adult Nurse Practitioner working in the Parkinson's and Huntington's Disease clinics at the *University of California Davis Medical Center* with Vicki Wheelock, MD. She has been an advanced practice nurse for over 28 years.

She currently spends half her time seeing patients in clinic and the other half doing research. Her primary focus is to help families cope with the debilitating effects of progressive neurological diseases.

John Young

*President
Lewy Body Dementia Association*



John Young has served on LBDA's board since the day after its incorporation in 2003 and serves as President through 2009. John's 20+ career in law enforcement included service for the UN on the International Police Task Force in Bosnia, where he also served as an Election Officer in Foca and as a Chief Human Rights Investigator in Sarajevo. John brings prior board service experience as well, having served on the boards of a local police association and hockey organization. He took an early retirement to care for his spouse, Janet, who passed away from Lewy body dementia in 2006. John resides in Lake Tahoe, CA.

Understanding Lewy Body Dementia

Name(s): _____

Address: _____

City, State, ZIP: _____

Phone: _____

Email: _____

Return to: _____

If requesting CEU credit, please indicate your profession:

<input type="checkbox"/> Nurses	Provider #CEP 12415
<input type="checkbox"/> CNA/HHA	Nursing Assistant Provider #06329
<input type="checkbox"/> LCSW/LMFT	Approval #PCE 1121
<input type="checkbox"/> RCFE Administrators	Application pending
<input type="checkbox"/> Nursing Home Administrators	Application pending

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LBD 4/10/10