

**PANC SUPPORT GROUPS**

**GRASS VALLEY**

**Quail Ridge Senior Living  
Activity Room  
150 Sutton Way  
Grass Valley, CA**

**Every 2nd Friday • 1:30 p.m.**

**Contact: Nancy Lockwood  
1-530-272-7950  
or Dave Moore**

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**For more information:  
PANC at 916-489-0226 or 1-866-979-PANC  
parkanc@sbcglobal.net  
www.parkinsonsacramento.org**