

Parkinson disease Support Groups in Northern California



1.916.489.0226
1.866.979.PANC

www.parkinsonsacramento.org

900 Fulton Avenue, Suite 100-5
Sacramento, CA 95825-4516

Th **ORANGEVALE**

1st Thursday • 10:00 a.m.
Eskaton FountainWood Lodge
8773 Oak Avenue
Mary Yeh 916-988-2200

Th **OROVILLE**

1st Thursday • 2 p.m.
Greater Oroville Family
Resource Center
1720 Daryl Porter Way
Laura Hudson 530-534-5519

W **PARADISE**

2nd Wednesday • 2 - 4 p.m.
Oak Knoll Senior Living Facility
1007 Buschman Road
Richard Burkhart 530-872-8073
Alison Paolini 530-877-3306

T **PLACERVILLE**

1st Tuesday • 1:30 - 3 p.m.
Senior Center Dining Room
937 Spring St.
Jim Flanery 530-626-8509
Bob & Marlene Ruth 530-644-3096
Tom & Nancy Schulz 530-644-3473

F **REDDING**

2nd Friday • 1:30 p.m.
Fairway Oaks Mobile Home Park
Club House
20350 Hole in One Dr.
Susanne Rossi, MC 530-229-0878

T **ROSEVILLE**

• *Central*
1st Tuesday • 1:30-3 p.m.
Maidu Community Center
1550 Maidu Drive
Tara McCain 916-862-3973

S **ROSEVILLE**

• *West*
2nd Saturday • NOON
Eskaton Village Roseville
1650 Eskaton Loop
LaLeen Searing 916-789-7831

F **SISKIYOU COUNTY**

2nd Friday • 2 p.m.
Lake Shastina Community
Bible Church
5826 Jackson Ranch Road, Weed
Treva Barber 530-938-0368

S **SONOMA COUNTY**

1st Saturday • 1:00 p.m.
2nd Saturday in Aug/Dec ONLY
& NO Meetings in Jan/July/Sept
Christ Church United Methodist
1717 Yulupa Avenue, Santa Rosa
Patricia Staudacher 707-575-5331

S **STOCKTON**

• *Early Onset*
3rd Saturday • 1:00 p.m.
Old Spaghetti Factory
2702 West March Lane (@ I-5)
Karen Frank 209-406-9317

S **VACAVILLE** **NEW GROUP!**

1st Saturday • 1:30 p.m.
Community Presbyterian Church
425 Hemlock Street
Theresa Pate 707-642-2173
First Meeting-April 3rd!

S **VALLEJO**

1st Saturday • 10:30 a.m.
Community Presbyterian Church
Room #2
2800 Georgia Street
Theresa Pate 707-642-2173
Molly Leavitt 707-642-3763

T **WOODLAND**

4th Tuesday • 1 p.m.
Woodland Senior Center
2001 East St.
Frank Bruno 530-666-5124

M **YUBA CITY**

2nd Monday • 1 p.m.
Sutter North Medical Center
969 Plumas Street, Suite 208
Sandra Haase 530-751-2589

F ARDEN/ARCADE

4th Friday • 10 a.m.
Crown Plaza
1071 Fulton Ave.
(behind Carlton Plaza,
1075 Fulton)
Bernardine Ford 916-247-4856

Th CAPITAL AREA

4th Thursday • 1 p.m.
Fremont Presbyterian Church
5770 Carlson Drive (at H St)
George Johnston 916-765-7093

Th CAREGIVERS LUNCH BUNCH

3rd Thursday • 11:00 a.m.
Ettore's
2376 Fair Oaks Boulevard
Anne Spaller 916-971-0893 ext. 112

T EARLY ONSET/EVENING

2nd Tuesday • 5:30 p.m.
Coloma Community Center
4623 T Street
Jim MacDonald 916-469-9796

Th MEN'S GROUP LUNCH BUNCH

1st Thursday • 11:00 a.m.
Crown Plaza, Theater Room
1071 Fulton Avenue
Ed Haskell 916-353-1301
Bill Kreglow 916-568-109

F POCKET AREA

1st Friday • 10:00 a.m.
Greenhaven Estates Senior Living
7548 Greenhaven Drive
Kris Milliron 916-484-7701

M POST-DBS PATIENTS

3rd Monday - 10:30 a.m.
(Every other month – 2010:
March-May-July-Sept-Nov
Kaiser Sacramento
2025 Morse Ave.
Catherine Nitafan-Young, FNP 916-973-6860
Pre-registration required

Th SOUTH AREA

2nd Thursday • 1 p.m.
Asian Community Center
7375 Park City Drive
Casey Jones 916-422-7407

LEWY BODY DEMENTIA (Collaboration Groups)

W • *South/Pocket Area*
4th Wednesday • 2:30 p.m.
Primrose Specialized Senior Living
7707 Rush River Drive
Kim Winters 916-392-3510

Th • *Gold River*
2nd Thursday • 10:00 a.m.
Eskaton Lodge Gold River
11390 Coloma Road
Denise Davis 916-930-9080

T AUBURN

3rd Tuesday • 1:30 p.m.
Pioneer Methodist Church
Fellowship Hall
1338 Lincoln Way
Ken Horst 530-878-2226
Sharryn Mendoza 530-823-1047

T AUBURN CAREGIVER LUNCH

2nd Tuesday • NOON
Sizzler's Restaurant
13570 Lincoln Way
Sally Horst 530-878-2226

S CHICO

1st Saturday • 10-11:30 a.m.
Sycamore Glen Retire. Community
1199 Diablo Ave.
Harry Sommer 530-343-0709

T DAVIS

4th Tuesday • 1:30 p.m.
Davis Senior Center
646 A St.
Karen Klimek 530-753-4988

T EL DORADO HILLS

2nd Tuesday • 11:00 a.m.
Four Seasons Community Bldg
Media Room, 3186 Four Seasons Dr.
Betsy Alver 916-933-2465

M FOLSOM

3rd Monday • 10:00 a.m.
Folsom Senior & Arts Center
48 Natoma Street
Ed & Yvonne Haskell 916-353-1301

F FORT BRAGG

1st Friday • 2:00 p.m.
Mendocino Coast District Hospital
700 River Drive
Don Hahn 707-937-0251

F GRASS VALLEY

2nd Friday • 1:30 p.m.
Quail Ridge Senior Living Act. Rm.
150 Sutton Way
Nancy Lockwood 530-272-7950
Dave Moore

T LINCOLN

3rd Tuesday • 10 a.m.
Raley's Community Room
765 HWY 65 @ Sterling Parkway
Carol Oliver 916-408-0151

M LODI

1st Monday • 10:00 a.m.
Temple Baptist Church, Room 801
S. Lower Sacramento Rd
Betty Weatherman 209-333-9290

F LOYALTON

LAST Friday • 1:30 p.m.
Loyalton Senior Center
302 First Street
Betty Ferguson 530-993-4002

M NAPA

4th Monday • 1:00 p.m.
The Meadows of Napa Valley
2000 Atrium Parkway
Pat Paris, MSW 707-337-5906

? ARE YOU A MEMBER?

If not, contact us today to take advantage of member benefits!